



MOODY + Intellectual core

This aesthetic is rich, introspective, and a little mysterious. It's made for women who love candlelight, poetry, stormy weather, and the smell of old books. You probably feel most alive with a journal in one hand and a cup of tea in the other.

Includes: Dark Academia, Light Academia, Romantic Academia, Witchcore, Mysticalcore

Journal Prompts

What part of your inner world needs more light right now?

If your life were a novel, what would this chapter be titled?

What patterns are you breaking in this season of life?

Where do you feel misunderstood? How can you honor that?

What dreams have you buried and are ready to unearth?

Self care ideas to try!

- Tarot or oracle card pulls
- Shadow work or moon journaling
- Candlelit bubble baths
- Sipping tea while reading
- Solo museum or library visits

Creative Touches to Try

Write by candlelight with a fountain pen

Draw a sigil or create a moon phase tracker

Add a wax seal to your journal pages

Create a playlist of moody music for journaling time

